

Grief services

Grieving the loss of a loved one is a deeply personal experience. For some, it may be a time to be alone and reflect while others may seek the company of other people. Often it's a time of intense emotions while adjusting to a "new normal." Everyone grieves differently.

Everyone grieves at their own pace.

You are not alone. Chautauqua Hospice & Palliative Care is beside you to help you move forward after the loss of a loved one.

There's no "right way" to feel

Grief is a natural emotion. It can be intense and uncomfortable. Many times, we try to find ways to avoid experiencing the intensity of the emotion through distraction and staying busy. **While grief affects our whole being – physically, emotionally and spiritually – each individual will react differently to the loss of a loved one.**

Sometimes, feelings of grief can be overwhelming and unmanageable. If this is the case, it may help to have someone who is experienced in the grieving process to work beside you on the journey that's exclusively yours.



Chautauqua Bereavement Care

Please contact us for further information on grief support programs.

716-338-0033
(South County)

716-753-5383
(Mayville area)

716-672-6944
(North County)

All numbers ring at our Lakewood offices

Learn more at
www.chpc.care

20 West Fairmount Avenue
Lakewood, NY 14750



Beside you when it matters most

Beside you
through the
grieving
experience





Beside you for support

Chautauqua Hospice & Palliative Care provides bereavement support through several different programs to meet a range of needs.

Hospice Bereavement Support

We support family members and friends for up to 13 months following the death of a loved one who received hospice care. A Hospice Bereavement Counselor or volunteer will contact family members about a month after their loved one's death to offer support and services. There is no cost for this care.

Bereavement Support Groups

Sometimes it is helpful to be in the company of others who have experienced profound loss where sharing of our inner feelings feels "safe." Chautauqua Hospice & Palliative Care hosts bereavement support groups at our offices in both the north and south county. These groups are scheduled in the evenings when it is convenient for most people to attend. In addition, we also host a support group for the survivors of suicide.

A listing of groups, including dates and times, can be found on our website at www.chpc.care. You may also call our offices to find a group that meets your needs.

Community Bereavement Support

Anyone in Chautauqua County is eligible for our assistance free of charge, regardless if your loved one received care from Chautauqua Hospice & Palliative Care. All it takes is a phone call and one of our Bereavement Counselors will make an appointment to discuss your concerns and struggles and provide emotional support at this difficult time. If you feel further counseling is needed after a series of sessions, our Bereavement Director can link you to additional community resources.

